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Original Raw Cat Food Recipe

Natascha

2–3 minutes

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edible
Bone Meal

Gelatin

raw Liver
raw muscle meat

Vitamin E

canned Salmon
(no salt)

Egg yolk

Water

Original Raw Cat Food Recipe. Revised and updated June 2022.

The following recipe is a very special one. It is a part of raw-feeding history. Developed by Natascha Wille, it was

first distributed in printed form and then published online in **1997** from where it traveled around the globe via the internet in just a few years, and became a staple with cat owners world wide.

Since its conception the recipe has undergone some revisions based on new knowledge gathered during these past 27 years in the field of feline nutrition. Those familiar with it will recognize both what has remained the same and what has been changed and updated over the years.

For private use only.

900 g (2 lbs.) raw, lean muscle meat WITHOUT bone, ground

200 g canned, wild salmon WITHOUT salt

100 g (1/2 cup) raw liver, ground

236 ml (1 cup) water

2 raw egg yolks

2 Tbsp. edible bone meal

1 Tbsp. gelatin

400 IU alpha tocopherol Vitamin E

Yields 11 x 130 g (1/2 cup) portions or 11 days of food for the average adult cat. It works well to feed 1/4 cup morning and night.


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NOTES:

- The muscle meat portion can include heart meat. Heart is a dense muscle and represents an affordable source of excellent lean meat. Typical amount of heart meat added is 200g, in which case the portion of other boneless muscle meat is reduced to 700g.
- You don't need to add **Vitamin A, B, or D**, because these are naturally occurring in raw liver. Inclusion of raw liver is **ESSENTIAL**.
- Canned Salmon is added to replace the need for Salmon oil (Omega 3 fatty acids) and Taurine from supplement. Canned salmon is also an excellent source of potassium, selenium, and iodine. If adding canned Salmon is a problem, you can add 2000 mg Salmon oil and 400 mg Taurine instead. If your cat is sensitive to seafood, add content of 3 capsules Algae oil (Vegetarian Omega 3) instead of Salmon oil and 400 mg Taurine.
- **Do not add whole egg**, but only the egg yolk. Egg white contains the enzyme Avidin which will make the essential B Vitamin Biotin unavailable to your cat.

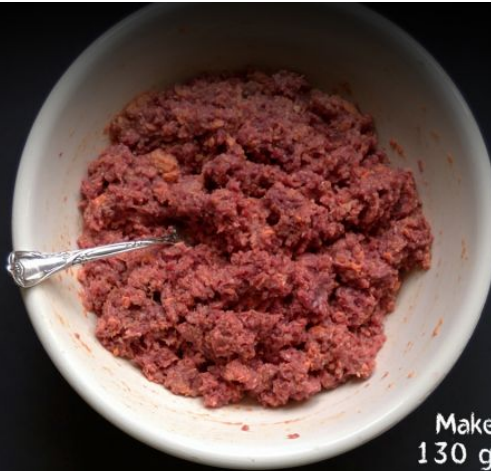






Final Step: add 900 g raw meat, ground. Mix well.

Ready to eat!



Makes 11 x
130 g servings.

Portion into servings
and freeze for storage.

130 g = 1/2 cup = 1 day food for one adult

